



Movement Challenge

Ready to go the distance?

ASU vs NAU vs UA Employees

Nov. 7–21

It's Sun Devils vs Lumberjacks vs Wildcats as the employees of all three state universities face off in a movement challenge. Each university will have one team, and whichever team averages a higher movement count wins up to 2,250 HIP points!

Register today
through the Virgin Pulse app

Participants must be an employee of the universities and registered in the Health Impact Program through the Virgin Pulse app to compete.

Not Registered for HIP yet? Join Here: join.virginpulse.com/hip

Already registered for HIP? Login to your Virgin Pulse account, go to Social > Challenges > Join