



Movement Challenge

Ready to go the distance?

ASU vs NAU vs UA Employees Nov. 4-17, 2025

It's Sun Devils vs Lumberjacks vs Wildcats as the employees of all three state universities face off in a movement challenge. Each university will have one team, and whichever team averages a higher movement count wins up to 2,250 HIP points!

**Registration
Opens: Oct. 27**
via the Personify Health app

Participants must be an employee of the universities and registered in the Health Impact Program through the Personify Health app to compete. Not registered for HIP yet? Join Here: enroll.personifyhealth.com
Already registered for HIP? [Log in](#) to your Personify Health account, go to Social > Challenges > Join