

## Zero Waste off campus checklist

- Bring a reusable cup to coffee shops.
- Learn how to properly recycle in your city:
  - [Glendale](#).
  - [Mesa](#).
  - [Phoenix](#).
  - [Scottsdale](#).
  - [Tempe](#).
- Or search for your city's recycling standards.
- Replace single-use items with reusables, like:
  - Grocery bags.
  - Reusable cups.
  - Tupperware.
- Sign up for paperless mail.
- Try implementing zero waste practices in your kitchen.