



A quick guide to
recognizing and treating

Herpes B Virus



Contact **ASU Environmental Health and Safety** at
602-460-4720 or visit **cfo.asu.edu/ehs**.

Resources and contacts

If a person has been exposed, call **602-460-4720** right away and request an **Employee Health practitioner**.

If the person exhibits any symptoms listed in the Medical alert information section, contact **Julia Hilliard, PhD**, at the National B Virus Resource Center at **404-358-8168**; the National B Virus Resource Center office at **404-413-6550**; or the Centers for Disease Control and Prevention at **1-800-232-4636**.

Find more information at: **[cdc.gov/herpesbvirus](https://www.cdc.gov/herpesbvirus)**.

What to know

B virus leads to ascending meningoencephalitis and may result in other serious conditions. B virus can be treated if identified early. Use standard precautions.

Prescribe **Valacyclovir** — 1 g by mouth every eight hours for 14 days. Give the first dose immediately. Give the patient a 14-day supply.

If the patient is admitted to the hospital, notify the hospital's Infectious Disease MD immediately.

Medical alert information

The person carrying this card has occupational exposure to macaque monkeys or their tissues. Macaques are the natural host for the B Virus (Macacine Herpesvirus 1), which is transmissible to humans and may produce disease with any of the following symptoms:

- Conjunctivitis.
- Diplopia, photophobia.
- Dizziness, weakness.
- Dyspnea.
- Elevated temperature.
- Flu-like symptoms.
- Neuralgias, paresthesias.
- Severe persistent headache.
- Pruritic rash.
- Vesicles at inoculation site.