The gloves are off
It’s time to wash your hands

The Devil is in the details
In a 2016 study*, researchers found that more than 90 percent of lab personnel did not wash their hands after removing gloves. Wash your hands to prevent contamination and promote a healthy workplace. Every time you remove your gloves, follow these five steps.

1. Wet your hands with warm or cold water. Turn the water off, Sun Devils are clean and sustainable.
2. Lather both sides of your hands with soap, washing between your fingers and under your nails.
3. Scrub your hands for at least 20 seconds. Hum the “Happy Birthday” song from beginning to end twice.
4. Rinse your hands with water.
5. Dry your hands using a clean paper towel or air dry them.

Questions?
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