The gloves are off
It’s time to wash your hands

In a 2016 study*, researchers found that more than 90 percent of lab personnel did not wash their hands after removing gloves. Wash your hands to prevent contamination and promote a healthy workplace. Every time you remove your gloves, follow these five steps.

1. Wet hands with warm or cold water. Turn the water off. Sun Devils are clean and sustainable.
2. Lather both sides of hands with soap; wash between fingers and under nails.
3. Scrub hands for at least 20 seconds. Hum the Happy Birthday song from beginning to end twice.
4. Rinse hands with water.
5. Dry hands with a clean paper towel or air dry them.

This poster was created with contributions from the ASU Pandemic Committee, the Ira A. Fulton Schools of Engineering and EHS Biosafety and Biosecurity.

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cdc.gov/handwashing/show-me-the-science-handwashing.html