



A quick guide to  
recognizing and treating

# Respiratory Virus



Contact **ASU Environmental Health and Safety** at  
**602-460-4720** or visit [cfo.asu.edu/ehs](https://cfo.asu.edu/ehs).

## Immediate treatment

Those infected with a respiratory virus should be evaluated and monitored by a healthcare professional with a higher index of suspicion. For severe cases, treatment includes support for vital organ function.

If the patient is admitted to the hospital, notify the hospital's **Infectious Disease MD** and call **ASU Environmental Health and Safety** at **602-460-4720** to access agent-specific treatment documentation.

## What to know

You can treat a respiratory virus if it is identified early.

The progression of a respiratory virus may lead to severe respiratory distress. Incubation is between two-to-14 days, typically five days after onset. Use airborne precautions.

If anyone has been exposed, immediately contact **ASU Environmental Health and Safety** at **602-460-4720**.

## Medical alert information

The person carrying this card has occupational exposure to respiratory viruses in Risk Group Category 3. These organisms usually cause disease in a healthy host and may present a severe risk to laboratory staff. RG-3 organisms can present a significant community risk if spread among people. However, there are effective measures for treatment and prevention.

Symptoms include:

- Body aches.
- Chills.
- Cough.
- Difficulty breathing.
- Fever.
- Headache.
- Nausea or vomiting.
- Shortness of breath.