A quick guide to recognizing and treating Respiratory Virus

Contact ASU Environmental Health and Safety at 602-460-4720 or visit cfo.asu.edu/ehs.
Immediate treatment

Those infected with a respiratory virus should be evaluated and monitored by a healthcare professional with a higher index of suspicion. For severe cases, treatment includes support for vital organ function.

If the patient is admitted to the hospital, notify the hospital’s Infectious Disease MD and call ASU Environmental Health and Safety at 602-460-4720 to access agent-specific treatment documentation.
What to know

You can treat a respiratory virus if it is identified early.

The progression of a respiratory virus may lead to severe respiratory distress. Incubation is between two-to-14 days, typically five days after onset. Use airborne precautions.

If anyone has been exposed, immediately contact ASU Environmental Health and Safety at 602-460-4720.
Medical alert information

The person carrying this card has occupational exposure to respiratory viruses in Risk Group Category 3. These organisms usually cause disease in a healthy host and may present a severe risk to laboratory staff. RG-3 organisms can present a significant community risk if spread among people. However, there are effective measures for treatment and prevention.

Symptoms include:

- Body aches.
- Chills.
- Cough.
- Difficulty breathing.
- Fever.
- Headache.
- Nausea or vomiting.
- Shortness of breath.