

## **CSS 335**

### **Latino Health Issues**

#### **Course Description:**

CSS 335 comparatively examines the health of Latinos in the United States with a focus on the social, cultural, economic, environmental and biological factors associated with differences in health status and disease frequency. Using readings, discussion, and the Internet, students will explore and analyze the current context of Latino health and health care from a policy and social science perspective.

CSS 335 is a 3-unit lecture/1-unit lab course which can be used to fulfill the Social/Behavioral Sciences (SB) and Cultural Diversity (C) General Studies requirements.

\*\*An adjunct community-based service learning project (for 3 units of credit) can be arranged. If interested, you must contact the instructor within the first 2 weeks of class.

#### **COURSE REQUIREMENTS**

#### **Required Text:**

M. Aguirre-Molina, C. Molina, and R. Zambrana (eds.) Latino Health in the United States. New York: Jossey Bass, 2001.

Additional weekly readings available on myASU or from Instructor

#### **Class Attendance and Participation:**

Discussion will be based on readings, so you are expected to come to class having read the required material in order to participate fully. Having read the material ahead of time, you should also begin to formulate questions and critiques to share with the rest of the class. You will be expected to think critically about the assigned readings and to present your understandings as part of the class discussion.

#### **Blackboard account:**

You are required to have an active email account and a Blackboard account. Additional course information, external links and supplemental activities will be available on the course webpage.

#### **Short Paper:**

Students will conduct brief ethnographic interviews on health beliefs which will serve as the data for a short (5-7 pages) analytical paper. The interviews will be transcribed and submitted to the ASU Library's Chicano Research Collection Archive.

#### **Web-based Health Education Project:**

Over the course of the semester, you will investigate an approved topic and design an educational web page on the topic to be included on a course website.

**Exams:**

Midterm and final exams will be held in class, and will consist of short answers, definitions of terms and /or short essays. Bring a blue book and a pen.

**Grade breakdown**

Short paper	30%
Midterm #1	15%
Midterm #2	15%
Web Project	25%
Final	15%

**LECTURE SCHEDULE AND READINGS:**

**Introduction**

Demographics and Health

Text: Latino Health Policy (A. Falcon, *et al.*).

Optional Reading: Stover, G. "Colorful Communities: Toward a Language of Inclusion." American Journal of Public Health. 92(4): 512-514, 2002.

Latino Health Status

Text: Latino Health Status (O. Carter-Pokras & R. Zambrana).

Optional Reading: Abraido-Lanza, A., Dohrenwend, P., Ng-Mak, D. and Turner, J. "The Latino Mortality Paradox: A Test of the 'Salmon Bias' and Healthy Migrant Hypotheses." American Journal of Public Health 89(10) 1543-48, 1999.

**Culture and Health**

Systems of Health and Healing

Villa, M., Cuellar, J., Gamel, N., & Yeo, G. "Cultural Traditions, Beliefs, Values, and Ethical Issues" in Aging and Health: Hispanic American Elders. Stanford Geriatric Education Center Working Paper No. 5. Stanford: SGED, 1993.

Gomez-Beloz, A. & Chavez, N. "The Botánica as a Culturally Appropriate Health Care Option for Latinos." Journal of Alternative & Complementary Medicine 7 (5): 537-547, 2001.

Website: Mexican Home Remedies

Optional Reading: Musgrave, C., Easley-Allen, C. and Allen, G. "Spirituality and Health for Women of Color." American Journal of Public Health 92(4): 557-60, 2002.

Optional Reading: Garza, M. "Healing Spirits." Hispanic 11(6): 30-38, 1998.

Cultural Competency

Galanti, G. "The Challenge of Serving and Working With Diverse Populations in American Hospitals." Diversity Factor 9(3): 21-26, 2001.

Tervalon, M. & Murray-García, J. "Cultural Humility Versus Cultural Competence: A Critical Distinction in Defining Physician Training Outcomes in Multicultural Education." Journal of Health Care for the Poor and Underserved 9(2): 117-125, 1998.  
Optional Reading: Hayes- Bautista, D. "Research on Culturally Competent Healthcare Systems: Less Sensitivity, More Statistics." American Journal of Preventive Medicine 24 (3S) 2003.

## **Politics of Medicine**

### The Health Care System

Turner, B. "Capitalism, Class and Illness", Chapter 9 in Medical Power and Social Knowledge (2nd. Ed.), London: Sage Publications, 1995.

Webarticle: Health Services Questions and Answers

### Access and Utilization of Services

Text: Latino Access to Health Care (J. Carrillo, *et al.*)

Macias, E. and Morales, L. "Crossing The Border For Health Care." Journal of Health Care for the Poor and Underserved 12(1):77-, 2001.

Website: One Last Chance to Be a Doctor

### Delivery and Research

Richie, B. and Kanuha, V. "Battered Women of Color in Public Health Care Systems: Racism, Sexism and Violence" in B. Bair & S. Cayleff (Eds.) Wings of Gauze: Women of Color and the Experience of Health and Illness. Detroit: Wayne State University Press, 1993.

Caban, C. "Hispanic Research: Implications of the National Institutes of Health Guidelines on Inclusion of Women and Minorities in Clinical Research." Journal of the National Cancer Institute Monographs 18: 165-169, 1995

Optional Reading: Flores, E., Castro, F., and Fernandez-Esquer, M. "Social Theory, Social Action, and Intervention Research: Implications for Cancer Prevention Among Latinos." Journal of the National Cancer Institute Monographs 18: 101-108, 1995.

Optional Reading: Amaro, H. and de la Torre, A. "Public Health Needs and Scientific Opportunities in Research on Latinas." American Journal of Public Health 92(4): 525-529, 2003.

## **Chronic Disease among Latinos**

### Cancer

Text: The Impact of Cancer on Latino Populations (A. Ramirez & L. Suarez).

Webarticle: The Silence of Breast Cancer in the Hispanic and Latino World

### Cardiovascular Disease

Text: Cardiovascular Disease (E. Perez-Stable, *et al.*).

Critser, G. "Let Them Eat Fat." Harper's 300(1798): 41-47, 2000.

Website: [Salud para su Corazón](#)

#### Diabetes

Text: Diabetes (J. Luchsinger).

Frates, J. and Garcia Bohrer, G. "Hispanic Perceptions of Organ Donation." Progress in Transplantation 12: 169-175, 2002.

#### HIV/AIDS

Text: Gender, Context, and HIV Prevention among Latinos (H. Amaro, *et al.*).

Martinez, Y. "Sexual Silence: To Battle Aids, Hispanics Must Overcome Cultural Barriers." Hispanic 10(1-2): 100-104, 1997.

Bardach, A. "The White Cloud: Latino America's Stealth Virus." The New Republic 212(23): 27(4), 1995.

Website: [Latino HIV Prevention Needs](#)

Optional Reading: Wypijewski, J. "The Secret Sharer: Sex, Race, and Denial in an American Small Town" Harper's 297(1778): 35-54, July 1998.

### **Latino Health Over the Life Cycle**

#### The Elderly

Text: The Later Years: The Health of Elderly Latinos (V. Villa & F. Torres-Gil).

Website: [Inside/Out: Growing Old in the United States](#)

#### Children and Youth

Text: The Early Years: The Health of Children and Youth (G. Flores & R. Zambrana).

Website: [Soy Unica](#)

#### Sexuality

Stevens, P. "The Experiences of Lesbians of Color in Health Care Encounters."

Mays, V., Yancey, A., Cochran, S., Weber, M. and Fielding, J. "Heterogeneity of Health Disparities Among African American, Hispanic, and Asian American Women: Unrecognized Influences of Sexual Orientation." American Journal of Public Health 92(4): 632-639, 2002.

#### Reproductive Health Issues

Text: The Reproductive Years: The Health of Latinas (A. Giachello).

Lopez, I. "Agency and Constraint: Sterilization and Reproductive Freedom Among Puerto Rican Women in New York City." Urban Anthropology 22(3-4): 299-323, 1993.

Website: [National Latina Institute for Reproductive Health](#)

## **Latino Health and the World We Live In**

### **Occupational Health**

Text: Occupational Health among Latino Workers in the Urban Setting (R. Moure-Eraso & G. Friedman-Jimenez).

Text: Health and Occupational Risks of Latinos Living in Rural America (K. Azevedo & H. Bogue).

Optional Reading: Villarejo, D. et al. "Suffering in Silence: A Report on the Health of California's Agricultural Workers." 2000.

### **Environmental Health**

Northridge, M. & Shepard, P. "Environmental Racism and Public Health." American Journal Of Public Health 87(5): 730-732, 1997.

Mary Romero. "The Death of Smelertown: A Case Study of Lead Poisoning in a Chicano Community." Pp115-122 in D. Bixler-Márquez (Ed.) Chicano Studies: Survey and Analysis. Dubuque, Iowa: Kendall/Hunt Pub. Co, 1997.

## **Mental Health/Emotional Wellness**

### **Addictive Behaviors**

Text: Alcohol Use and Alcohol-Related Problems among Latinos in the United States (R. Caetano & F. Galvan).

Text: Tobacco Use among Latinos (G. Marin).

Text: Latino Drug Use: Scope, Risk Factors, and Reduction Strategies (A. Gil & W. Vega).

Webarticle: Drinking and The Moral Hangover

### **Violence**

Argüelles, L. and Rivero, A. "Gender/Sexual Orientation Violence and Transnational Migration: Conversations With Some Latinas We Think We Know." Urban Anthropology 22(3-4): 259-275, 1993.

Bauer, H., Rodriguez, M., Flores-Ortiz, Y., and Szkupinski Quiroga, S. "Barriers to Health Care for Abused Latina and Asian Immigrant Women". Journal of Health Care for the Poor and Underserved. 11(1) 33-44, 2000.

Optional Reading: Lown, A. and Vega, W. "Prevalence and Predictors of Physical Partner Abuse Among Mexican American Women." American Journal of Public Health. 91(3): 441-445, 2001.

### **Stress and Depression**

Text: Latino Mental Health and Treatment in the United States (W. Vega & M. Alegria).

## **Social Ills**

### Racism and other 'isms'

Jones, C. "Levels of Racism" American Journal of Public Health 90(8):1212-5, 2000.

Williams, D. "Racial/Ethnic Variations in Women's Health: The Social Embeddedness of Health" American Journal of Public Health 92(4): 588-597, 2002.

## **Latino Health in the 21st Century**

### Wrap-up

Text: Latino Health Policy: A Look to the Future.

Maxwell, B. & Jacobson, M. "Targeting Hispanics" in Marketing Disease to Hispanics: The Selling of Alcohol, Tobacco, and Junk Foods. Washington, DC: Center for Science in the Public Interest, 1989.

## **LAB SCHEDULE AND READINGS:**

### Understanding Health Statistics

Website: Infant Mortality Rates

### Research Ethics; Interviewing Techniques

Rodriguez, G. "Visiting the Women and Neighborhood of My Past" in B. Bair & S. Cayleff (Eds.) Wings of Gauze: Women of Color and the Experience of Health and Illness. Detroit: Wayne State University Press, 1993.

Webcast: Stories in Medicine

### Interview Schedule

"In-Depth, Open-Ended Interviewing" in. Schensul, S., Schensul, J., and LeCompte, M. Essential Ethnographic Methods: Observations, Interviews, and Questionnaires. Walnut Creek, CA: Alta Mira Press, 1999.

### Fieldnotes & Transcription

### Ethnographic Analysis

### Models of Behavior Change

Daniel Stokols. The Social Ecological Paradigm of Wellness Promotion. In M. Schneider and D. Stokols (Eds.) Promoting Human Wellness. University of California Press, 2002.

### Health Literacy and Communication

Jimison, H., "Patient-Specific Interfaces to Health and Decision-Making Information" in R. Street, W. Gold and T. Manning (Eds.) Health Promotion and Interactive Technology. Mahwah NJ: Earlbaum Associates, 1997.

Health Research Practicum

Introduction to Dreamweaver

Website: Creating a Static Page

Web Design – Accessibility

Szkupinski Quiroga, S. “Web Design Considerations For Low-Income/Low Tech-Resource Communities” (handout)

Web Design – Health Communication

Webarticle: Ten Things to Know About Evaluating Medical Resources on the Web.  
National Cancer Institute

Website: Latinos and Medicine

Web Design – Usability

“Getting Around: Links” in J. Spool, T. Scanlon, W. Schroeder, C. Snygger and T. DeAngelo Web Site Usability: A Designer’s Guide. San Francisco: Morgan Kaufmann Publishers, 1999.