CSS 335
Latino Health Issues

Course Description:
CSS 335 comparatively examines the health of Latinos in the United States with a focus on the social, cultural, economic, environmental and biological factors associated with differences in health status and disease frequency. Using readings, discussion, and the Internet, students will explore and analyze the current context of Latino health and health care from a policy and social science perspective.

CSS 335 is a 3-unit lecture/1-unit lab course which can be used to fulfill the Social/Behavioral Sciences (SB) and Cultural Diversity (C) General Studies requirements.

**An adjunct community-based service learning project (for 3 units of credit) can be arranged. If interested, you must contact the instructor within the first 2 weeks of class.

COURSE REQUIREMENTS

Required Text:

Additional weekly readings available on myASU or from Instructor

Class Attendance and Participation:
Discussion will be based on readings, so you are expected to come to class having read the required material in order to participate fully. Having read the material ahead of time, you should also begin to formulate questions and critiques to share with the rest of the class. You will be expected to think critically about the assigned readings and to present your understandings as part of the class discussion.

Blackboard account:
You are required to have an active email account and a Blackboard account. Additional course information, external links and supplemental activities will be available on the course webpage.

Short Paper:
Students will conduct brief ethnographic interviews on health beliefs which will serve as the data for a short (5-7 pages) analytical paper. The interviews will be transcribed and submitted to the ASU Library’s Chicano Research Collection Archive.

Web-based Health Education Project:
Over the course of the semester, you will investigate an approved topic and design an educational web page on the topic to be included on a course website.
Exams:

Midterm and final exams will be held in class, and will consist of short answers, definitions of terms and/or short essays. Bring a blue book and a pen.

Grade breakdown

<table>
<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Short paper</td>
<td>30%</td>
</tr>
<tr>
<td>Midterm #1</td>
<td>15%</td>
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<tr>
<td>Midterm #2</td>
<td>15%</td>
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<tr>
<td>Web Project</td>
<td>25%</td>
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<tr>
<td>Final</td>
<td>15%</td>
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LECTURE SCHEDULE AND READINGS:

Introduction

Demographics and Health

Text: Latino Health Policy (A. Falcon, et al.).


Latino Health Status


Culture and Health

Systems of Health and Healing


Website: Mexican Home Remedies


Cultural Competency


**Politics of Medicine**

The Health Care System


Webarticle: *Health Services Questions and Answers*

Access and Utilization of Services


Website: *One Last Chance to Be a Doctor*

Delivery and Research


**Chronic Disease among Latinos**

Cancer


Webarticle: *The Silence of Breast Cancer in the Hispanic and Latino World*

Cardiovascular Disease

Text: *Cardiovascular Disease* (E. Perez-Stable, et al.).
Website: Salud para su Corazón

Diabetes
Text: Diabetes (J. Luchsinger).

HIV/AIDS
Text: Gender, Context, and HIV Prevention among Latinos (H. Amaro, et al.).
Website: Latino HIV Prevention Needs

Latino Health Over the Life Cycle
The Elderly
Text: The Later Years: The Health of Elderly Latinos (V. Villa & F. Torres-Gil).
Website: Inside/Out: Growing Old in the United States

Children and Youth
Website: Soy Unica

Sexuality
Stevens, P. “The Experiences of Lesbians of Color in Health Care Encounters.”

Reproductive Health Issues
Text: The Reproductive Years: The Health of Latinas (A. Giachello).
Website: National Latina Institute for Reproductive Health
Latino Health and the World We Live In

Occupational Health
Text: Health and Occupational Risks of Latinos Living in Rural America (K. Azevedo & H. Bogue).

Environmental Health

Mental Health/Emotional Wellness

Addictive Behaviors
Text: Tobacco Use among Latinos (G. Marin).
Webarticle: Drinking and The Moral Hangover

Violence

Stress and Depression
Text: Latino Mental Health and Treatment in the United States (W. Vega & M. Alegria).
Social Ills

Racism and other ‘isms’


Latino Health in the 21st Century

Wrap–up
Text: Latino Health Policy: A Look to the Future.


LAB SCHEDULE AND READINGS:

Understanding Health Statistics
Website: Infant Mortality Rates

Research Ethics; Interviewing Techniques

Webcast: Stories in Medicine

Interview Schedule

Fieldnotes & Transcription

Ethnographic Analysis

Models of Behavior Change

Health Literacy and Communication
Health Research Practicum

Introduction to Dreamweaver
Website: Creating a Static Page

Web Design – Accessibility
Szkupinski Quiroga, S. “Web Design Considerations For Low-Income/Low Tech-Resource Communities” (handout)

Web Design – Health Communication
Webarticle: Ten Things to Know About Evaluating Medical Resources on the Web. National Cancer Institute
Website: Latinos and Medicine

Web Design – Usability