



My professor posts the notes online. Do I really have to go to class?

Yes! Going to class is about more than just getting the notes.

Class notes provide a basic outline of what is covered during the lecture, but they don't always include the examples and explanations professors give in class. In addition to helping you understand the course concepts, material given only in lecture often appears on exams.

In class, you are introduced to new concepts, have the opportunity to ask questions about the material, and develop relationships with your professor and other students.

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What are office hours and why should I go?

Office hours are set times outside of class when professors are available to answer questions.

Office hours allow you to:

- Get clarification about material you don't understand
- · Develop relationships with your professors
- Meet other students with whom you can study and discuss course material

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Where can I go to talk to someone about personal issues?

There are many people at ASU who can help, from your friends to health care professionals. Talking about problems relieves stress, provides an outlet for your concerns, and connects you to a support network.

Advisors

Friends

Resident assistants

Professors

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Where can I go to talk to someone about personal issues?

Counseling services by campus

Downtown Phoenix

http://nursing.asu.edu/anc/asuhc/

Polytechnic

www.poly.asu.edu/students/counseling/

Tempe

www.asu.edu/studentaffairs/counseling/

West

www.west.asu.edu/studenthealth/about.php#counseling

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What if I don't get along with my roommate?

Living in the dorms is often a big change and requires an adjustment period.

First, allow some time for you and your roommate to get accustomed to each other and your new living arrangements.

Talk to your roommate. Can you find a solution that works for both of you?

Consult with your RA. S/he can suggest solutions, work with you to reach a compromise, or help you find a more suitable arrangement, if necessary.

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Why should I go to tutoring? Where do I find it?

It's no secret that the best students get tutoring, just like the best athletes get coaching.

Your tutor is your academic coach.

If you're not doing well, a tutor can expand on what you've learned in class and help you figure out what you're missing.

If you are doing well, regular tutoring will help ensure that you continue to do so.

Wherever you are academically, tutoring is an opportunity to challenge yourself.

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Tutoring services by campus

Downtown Phoenix

http://studentsuccess.asu.edu/downtown

Polytechnic

http://studentsuccess.asu.edu/polytechnic

Tempe

http://studentsuccess.asu.edu/tempe

Learning Support Services: http://www.asu.edu/studentaffairs/lss/

West

http://studentsuccess.asu.edu/west

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How do I find a job on campus?

Remember that college is a full-time job.

15 hours/week in class

+ 45 hours of studying (3 hours/credit) 60 hours per week of academic work

If you have to work, commit to no more than 20 hours per week at an on-campus job. Studies show that working more than 20 hours and/or off campus negatively affects academic performance.

Information about student employment can be found at www.asu.edu/fa/employment/

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If I have a disability, how can I find out about class accommodations?

The Disability Resource Center offers assistance with testing accommodations, note-taking services, alternative format services, laboratory accommodations, interpreting services and equipment loan and check-out.

Disability Resource Centers by campus

 $Downtown\ Phoenix\ \hbox{-}\ \underline{www.dpc.asu.edu/drc}$

Poly &Tempe - www.asu.edu/drc

West - www.west.asu.edu/drc

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How do I get help with my computer and email/myASU?

Ask the ASU Helpdesk

Phone: 480.965.6500 Fax: 480.965.5171 Email: HelpDesk@asu.edu/ https://techbase.asu.edu/

24 hours a day, 7 days a week

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Why would I use the library when I have the internet?

Information on the internet is not guaranteed to be accurate. Wikipedia entries, for example, can be changed by anyone at any time and are not valid sources for research papers.

The ASU Libraries house books, academic journals, video and audio material, and periodicals, all of which can be used for research.

Library staff can assist with research, requesting material from other libraries, and determining how to cite and evaluate sources.

For more information, go to www.asu.edu/library

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How do I get involved on campus?

Whatever your interests, there's an ASU student organization for you. From community service to student government to Greek life, there's a place for everyone to make a difference.

Downtown Phoenix -

www.asu.edu/downtownphoenix/downtown-student-life/index.html

Poly - www.poly.asu.edu/students/activities/

Tempe – <u>www.asu.edu/clubs</u> West – <u>www.west.asu.edu/sa</u>

No matter what campus you call home, a major part of being a Sun Devil is supporting your team at home games. View schedules, buy tickets, and join the Devil's Domain at www.thesundevils.com.

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Where can I work out?

Regular exercise reduces stress, raises energy levels, and promotes better sleep. There is a student workout facility on every campus.

Downtown Phoenix - Lincoln Family YMCA http://campus.asu.edu/downtown/Recreation-Center

Poly - Campus Recreation

Tempe - Student Recreation Center

http://www.asu.edu/src

West - Diablo Performance & Recreation Center

http://www.west.asu.edu/fitness

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